

DELTA SKATING CLUB

Return to Play for Skating – LADNER LEISURE CENTRE ARENA

Following is a proposed plan of actions and procedures for the Delta Skating Club's Return to Play for Figure Skating at the Ladner Leisure Centre, Delta, BC. This document has been produced with careful consideration towards the Skate Canada national governing bodies' *Return to Play for Figure Skating Skating Guidelines*, and *ViaSport Return to Sport Guidelines for BC*. It is our intent to provide this information to our provincial governing body and municipal authorities.

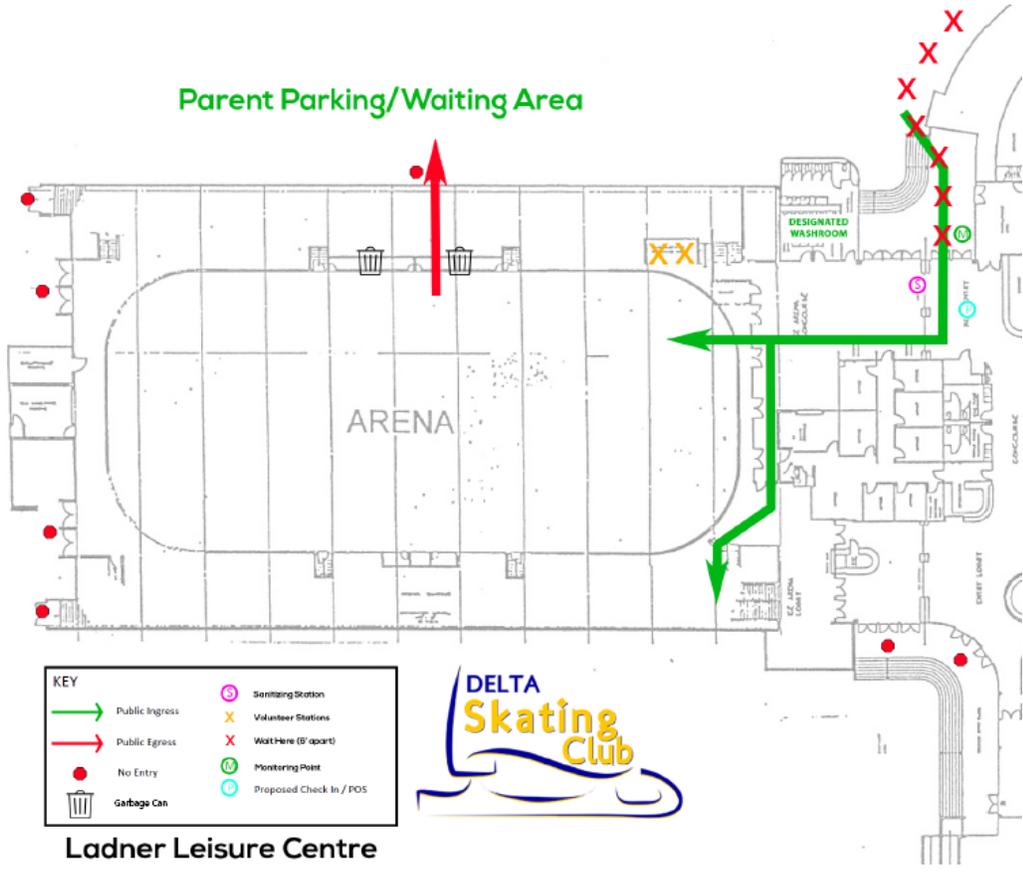
It is also our intent that when the time does come for us to move forward with actions to return, we will ensure the following steps are taken with our organization and its' members beforehand:

1. All procedures, regulations and requirements for Return to Play for Figure Skating are published on our club's website together with electronic mail-out to all club members.
2. Mandatory Zoom meetings to present the regulations and procedures to members, executive and coaching staff where all members must attend if they are wishing to return to the club under the new circumstances.
3. Signed waivers collected from all members wishing to return, agreeing to abide by all regulations and procedures for participation.
4. Records of attendees, coaches and volunteers present for each session to aid in contact tracing, should the need arise.
5. Skaters outside of the Fraser Health Authority region must avoid travel via public transport or car pooling to the facility.

The Delta Skating Club fully understands that there is no opportunity to return to play within Delta until the health authorities and the municipal government have authorized this to take place. This document is at this time being used to demonstrate the club's willingness, ability and readiness to start the planning process for a safe and responsible return.

Note: Delta Skating Club will follow all Provincial Health Orders as they are enacted. This may include, but not limited to, orders that restrict cross boundary travel, attendance outside of the skater's own health region, etc.

ARRIVAL AT THE ICE RINK



Skaters, coaches and volunteers must wear masks entering and exiting all City facilities.

Skaters, coaches, and volunteers will be required to arrive at the East side (backside) of the rink and await screening and entrance to the facility. Canskaters, Rising Star Skaters and Powerskaters will arrive with their skates/gear on (e.g. put on their skates in the car in the parking lot of the Ladner Leisure Centre Arena) prior to entering the building. Starskaters and all coaches may arrive with their skates on or they can put their skates on while socially distanced from one another in the skater lobby (skate sharpening area) of the building.

There will be social distancing markers on the ground set at 2 metres apart (previously set by the city) where skaters will be required to line up prior to entering the building.

Maximum number of people allowed in building, excluding facility workers will be 40:

Canskate Program only: up to 28 skaters, up to 6 coaches, up to one parent volunteer for every 3 skaters.

Rising Star and Starskaters only - maximum numbers of skaters for on ice 14 and 3 coaches; off ice 7 and 1 coach only due to physical spacing limitations)

The designated volunteer for each skating session will undergo COVID screening by a City employee. Skaters, coaches and remaining volunteers will pass through the COVID screening check in point just outside the East side glass doors closest to the former cycle fit room/pool. The COVID screening will be performed by the person who was screened by the City Employee. Screening will include a series of verbal questions, a temperature taken with a touchless scanner (operated by coach/volunteer), and hand sanitization.

Parents/guardians of skaters under the age of 8 years of age must remain on the Ladner Leisure grounds (e.g. sitting in their car in the parking lot) during the duration of lessons. Parents/guardians of all skaters must wait until the volunteer has recorded their contact information, their skater has passed the check in point and has been given the all clear before they can leave the vicinity of the ice rink. Parents will not be permitted past the entry doors into the facility unless they have signed up to volunteer, completed a waiver and been screened.

All parents must also leave a contact number where they can be reached during the time their skater is in the ice rink.

Once the skaters have passed through the check in point and completed hand sanitizing they will proceed through to the skater's lobby and locate their designated spot on the benches. At their designated spot the skater will prepare for the session (put on skates, remove skate guards, etc.)

Note: all belongings (skate guards, Zuca bags, water bottles) must be taken rinkside during sessions and placed in the players benches. Designated spots on the benches will be 2 metres apart and clearly marked for placement of skaters' skate guards and any personal belongings. (water bottle, tissues, etc.).

Note: Coaches who are coaching subsequent sessions may leave their equipment in the lobby however they will need to leave the facility between sessions.

OPEN DOORS

The entry doors to the building will be opened by City Staff and/or volunteer/coaches and promptly cleaned once all skaters, coaches and volunteers have entered. Once a session has commenced the doors will be locked. No late entry will be permitted.

The door to the entrance/exit of the ice rink will remain open during all entries and exits of the skaters and coaches. The first coach through will open for skaters and prop the door open with a doorstop until all skaters and coaches have entered the ice rink. The last coach will remove the doorstop and allow the door to close after them.

The doors to the public washrooms in the skater lobby (skate sharpening area) will remain open at all times during the club's usage of the facility.

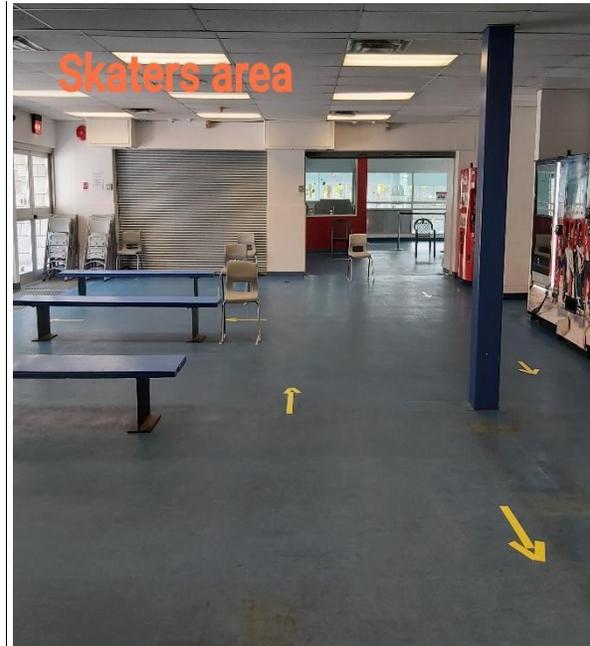
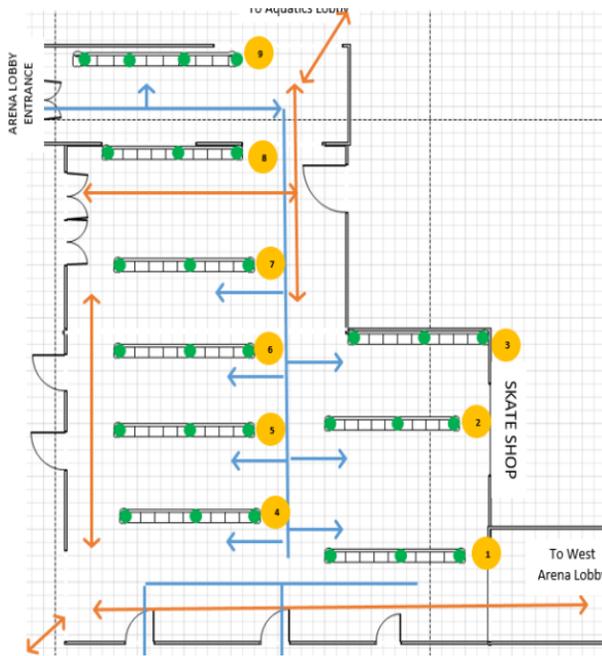
All entry doors to the actual ice surface, located in the hockey benches will remain open at all times.

These open-door measures will ensure that skaters' and coaches' contact with door handles is kept to a minimum throughout the club's time in the building.

ONCE INSIDE THE BUILDING



Coaches/instructors and/or volunteers must move skaters systematically and in a coordinated manner. Skaters will keep social distancing measures as they walk through the foyer to the ice surface. 1 coach will lead the line-up out to the ice and the other coach/volunteer (having finished the temperature scans) will follow at the end of the line-up.



Procedure for entering:

- Skaters (3 maximum) and their assigned volunteer will enter as a group.
- A coach/instructor will lead skaters inside and usher groups to their assigned benches. Benches and/or chairs will be arranged as per the drawing.
- Left side lobby benches (1,2,3) will be filled first and then right side benches (4-9), starting from the bench closest to the arena, filling spots from front to back.
- Skaters/volunteers/parents/guardians are expected to go directly to their assigned benches and stay there until skaters go on the ice.
- Once all skaters are seated, a coach/instructor will go through COVID-19 protocols.
- Parents/guardians/volunteers will go to the assigned volunteer spot rinkside (handicap seating area) to watch the skaters but only after the skaters/coaches are on the ice.

The door at the entrance to the rink will already be open to avoid skaters touching the door handles.

As the group proceed onto the ice surface area they will collect their belongings and proceed to the players benches. All personal belongings (skate guards, Zuca bags, water bottles, etc.) must be taken rinkside during sessions and placed in the players benches). Designated spots on the benches will be 2 metres apart and clearly marked for placement of skaters' personal belongings (skate guards, water bottle, tissues, etc.).



Coaches will wear protective face masks and gloves throughout their time in the ice rink. The wearing of face masks for Canskaters and Powerskaters is required; for Starskaters mask wearing is strongly encouraged for the skaters during training times. All coaching will be conducted at a social distance from the skater and time on the ice will be minimized to what is essential to support the skater.

Any music playing will be assigned to only one coach during the entire day, whereby that coach will be responsible for the cleaning and sanitization of both the equipment and the area where the music is played. Should a shift change in coaching personnel occur during the day, the coach previously responsible for the music playing must do a full cleaning of the equipment and the area before the next coach starts their shift.

Coaches will have pre-marked the ice surface for appropriate distancing measures for allocated spots that a skater will stand at during any coaching instructions. These spots will be marked on the ice surface with bingo daubers and will be reapplied after each resurfacing/flood of the ice.

Should a skater require access to the hockey bench area during a training session (e.g. to rehydrate, use a tissue, adjust their equipment, etc.) there will be no more than 2 skaters at a time in that area, and they must complete any tasks there in their designated spot. A garbage receptacle will be placed in each hockey bench area and skater lobby (skate sharpening area) and all tissues must be disposed of directly after use. No used tissues can be placed on the benches, boards, ice surface, or floor.

Skaters must keep moving out on the ice at all times during a session and can only be standing stationary while receiving coaching instructions at the designated coaching/pupil marked spots.

Dryland/Off ice training

In the event that dryland/off ice training is able to commence, all activities would occur in an inside space or outside location that could accommodate social distancing of skaters and coaches and not exceed the maximum of 40 persons within the facility. **Note: LLC upper mezzanine maximum capacity is 7 skaters and 1 coach physically distanced)**

Skaters will adhere to the same arrival procedures as outlined above in the “arrive at the rink” section above and “leaving the building” section below.

Off ice coach and skaters will travel to the upper mezzanine area using the corridor and stairs on the west (gym side) of the building. Once the dryland session is over the coach and skaters will travel from the upper mezzanine area via the east side (back parking lot) walkway and stairs.

All participants will have a designated spot that would be marked with tape/small cones on the floor/ground where they will remain to perform their exercises. The coach will have designated spots at the front of the class socially distanced.

Similar to the players bench by the ice surface, in the dryland/off ice training space/outside location an area will be marked off by the entrance with numbers so each skater will place their personal items (water bottle, skipping rope, etc.)

All music playing equipment will be assigned to one coach during the entire day, whereby that coach will be responsible for the cleaning and sanitization of both the equipment and the area where the music is played. Should a shift change in coaching personnel occur during the day, the coach previously responsible for the music playing must do a full cleaning of the equipment and the area before the next coach starts their shift.

Skaters and coaches will sanitize their hands prior to entering and leaving the dryland/off ice location. Coaches will wear protective face masks and gloves throughout their time in the ice rink. The wearing of face masks during dryland/off ice is strongly encouraged for the skaters during training times.

Should a skater require assistance with putting on their skates between off ice and on ice the skater must leave the rink and get the assistance of their parent/guardian/caregiver. When the skater is ready to return into the building they will need to undergo screening again.

RESTROOM USE

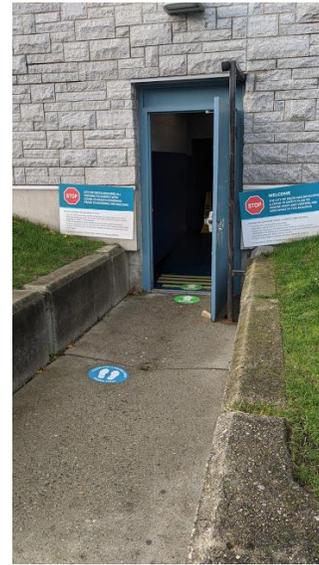
The skater lobby (skate sharpening area) washrooms will be assigned as the designated washroom for all sessions. The door to these washrooms will remain open at all times to reduce physical touching of door handles.

No more than 1 skater at a time will be allowed to go to the washroom.

A container of cleaning/disinfecting wipes will be set on the counter of the actual washroom and skaters will be required to wipe the doorknob/handle to the stall they enter and the flush handle of the toilet. Upon leaving the stall the skater will use the cleaning/disinfecting wipe to the doorknob/handle as they close the stall door.

Hand washing with soap in the sink will be required after the skater has used the toilet and then they must dispose of their cleaning/disinfecting wipe. The wipe will be disposed of in the garbage bin in the dressing room.

EXITING THE BUILDING



At the end of any training session, skaters will exit the ice surface via the players benches. Here they will collect their rink side belongings (water bottles, skate guards, Zuca bags, etc.) and ensure all used tissues have been discarded in the garbage. (StarSkaters only will remove their skates here). From the players benches the skaters will move down the stairs to the lower passageway to the exit. As the skaters pass through the players bench and through the lower passageway they will sanitize their hands one final time before exiting.

The first coach through the exit door will open it for skaters and prop the door open with a doorstop until all skaters and coaches have exited. The last coach/volunteer will remove the doorstop and allow the door to close after them.

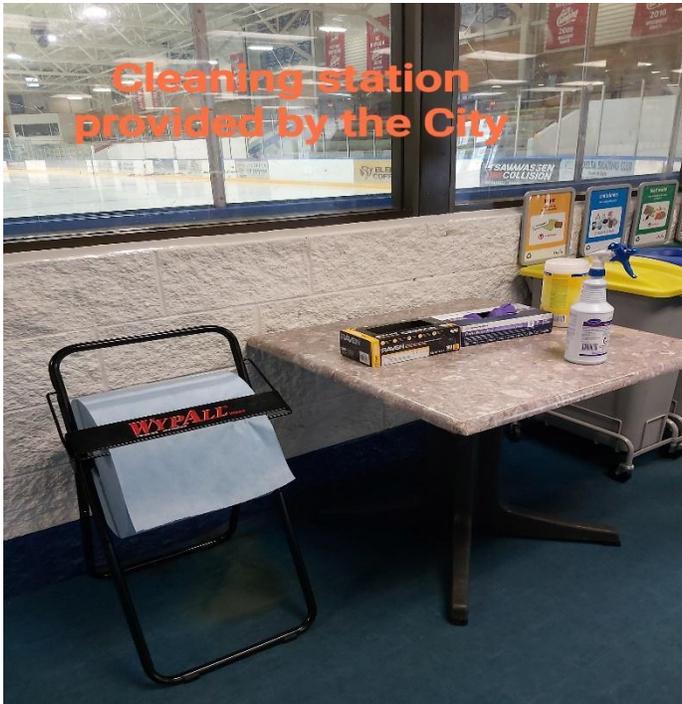
Skaters must exit the building via the east side (parking lot) lower level door maintaining 2 metre distancing measures and must go directly out to their awaiting guardian/parent/caregiver. No skater/coach/volunteer can stay within the building for longer than the 15-minute change over period between sessions.

Parents must adhere to drop off and pick up times as no resources will be made for children to remain in the building once their particular session has concluded.

Once the first group has left the building and exited away from the social distancing markers outside the arena, the second group can set up with the same protocol to enter the building for their session.

AFTER EACH SESSION

Directly after the first group has left and before the second group has entered, facility staff will clean the door handles, washrooms, benches, tops of the boards, and check in station. Cleaning supplies are located on a table in the skater lobby.



EQUIPMENT AND MATERIALS DURING SESSIONS

Hand sanitizers	Bingo daubers
Face masks	Floor Markers (small pylons)
Disposable gloves	Tape (duct or painters) to mark hockey benches
Cleaning/disinfecting wipes	Clip boards
Envelopes – large plastic or paper 8x10	Pens
Tablet and cables	Skate Canada Reference binders
First Aid kit	Doorstop
Touchless Thermometer	

RENDERING OF FIRST AID

Delta Skating Club will be responsible for all First Aid response associated with their scheduled program.

First aid kits are to be kept at rink side for each schedule session. Additional gloves and masks will be available in the rink side first aid kits.

All injuries are to be reported as per Delta Skating Club and Skate Canada guidelines/policies

IN THE EVENT OF ILLNESS



The coach, wearing a mask, will direct the ill skater to sanitize their hands and put on a mask. The coach will take the skater to the designated isolation room located by the entrance doors (formerly the cycle fit room) across from the metal rolling doors near the pool.

The coach will (or delegate to a volunteer) contact the skater's parent/guardian/caregiver, collection of skater's belongings. The coach will remain with the skater until the parent/guardian/caregiver arrives to collect the skater.

The coach will notify the facility staff that a skater is ill and identify any areas that were touched. The coach will also notify the Club administrator and President of the event.

Facility staff will conduct deep cleaning of all areas touched by the ill skater (including washroom, bench, isolation room, etc.) and other high touch surfaces in the lobby.