

The background of the poster features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. The shapes are primarily triangles and polygons, creating a dynamic, modern aesthetic. The text is centered on a white background that occupies the middle portion of the image.

Delta Skating Club

Return to Skating

Ladner Leisure Centre

Introductions



Agenda

Topic	Time
Why We Are Meeting	5 mins
Information for Parents	15 mins
Questions	10 mins

Why We Are Meeting

- ▶ Explain to Return to Skating Guidelines
- ▶ Answer Questions about Return to Skating at LLC

Return to Skating Guidelines

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. The shapes are primarily triangles and polygons, creating a dynamic, layered effect on the right side of the page, while the left side is mostly white.

Information for Parents - All sessions

Registration

- ▶ Registration is first come first serve
- ▶ Skater must be registered before coming to session
- ▶ NO Buy-ons or drop ins
- ▶ Online payment only
- ▶ Skaters and parents must sign consent/waiver form. **NO FORM NO GO**
- ▶ Flexible Credit policy

Before you arrive

- ▶ Don't come if sick, or have travelled outside Canada
 - ▶ If you have allergies please take your medicine and recommend you wear mask. If you are coughing you can't come
- ▶ No one allowed entry if:
 - ▶ They have fever, cough, difficulty breathing, or other symptoms identified by health experts as symptoms of COVID 19.
 - ▶ If skater or someone in skater household has been in contact with someone with COVID-19 in the last 14 days.
 - ▶ If skater or someone in skater household has travelled outside of Canada in the last 14 days.
 - ▶ It is highly recommended that if skater is vulnerable or at risk they should consider not participating
 - ▶ vulnerable or at risk person is: elderly, immunosuppressed, individuals suffering from serious health problems (high blood pressure, pulmonary/breathing diseases, diabetes)
- ▶ No food or drink except water bottle; water fountains closed. No sharing.
- ▶ Skaters to bring their equipment (guards, stick, helmet, yoga mat, skipping rope, etc.). No sharing.

Information for Parents - All sessions

Arrival/Departure Facility

- ▶ Arrive on time (late entry will not be permitted); leave promptly
- ▶ Come with skates, skate guards and gear on (CANSKATE, POWERSKATE ONLY)
- ▶ Wait outside to be let in
- ▶ Everyone must wear masks entering/exiting building
- ▶ Sanitize hands when entering and leaving facility
- ▶ All coaches, skaters, volunteers will be screened (including temperature) prior to every session. First volunteer/coach will be screened by City staff.
- ▶ Must leave your contact info and wait for skater to enter rink
 - ▶ **Parents/guardians/caregivers of skaters under 10 years of age must remain on the rink grounds**
- ▶ No parents permitted inside (unless volunteered via sign up genius)
- ▶ Social Distance at all times
- ▶ Stay in your designated spot

Information for Parents - All sessions

During Session

- ▶ Canskate/Powerskate skaters must wear mask. STARskaters are strongly encouraged to wear mask. Coaches must wear masks and gloves
- ▶ Must follow rules or be asked to leave
- ▶ Avoid touching anything other than yourself and your equipment.
- ▶ No dressing room use; must take everything to ice level players bench
- ▶ Moving at all times on the ice
 - ▶ Off ice only to get water, fix skates, go to washroom
- ▶ Use only the designated washroom - skater lobby
 - ▶ Only one person at a time
 - ▶ Follow cleaning instructions before and after
 - Note: if a skater requires assistance in the washroom their parent/caregiver/guardian will be called
- ▶ Clean skating gloves, skates, guards, gear, water bottles after each session

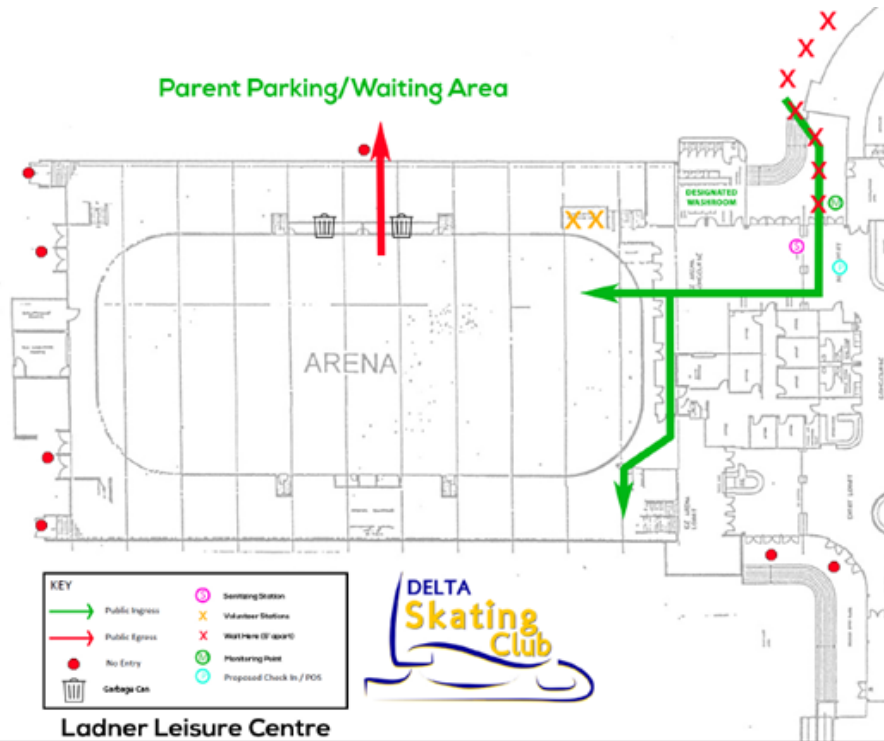
Information for Parents

Cleaning

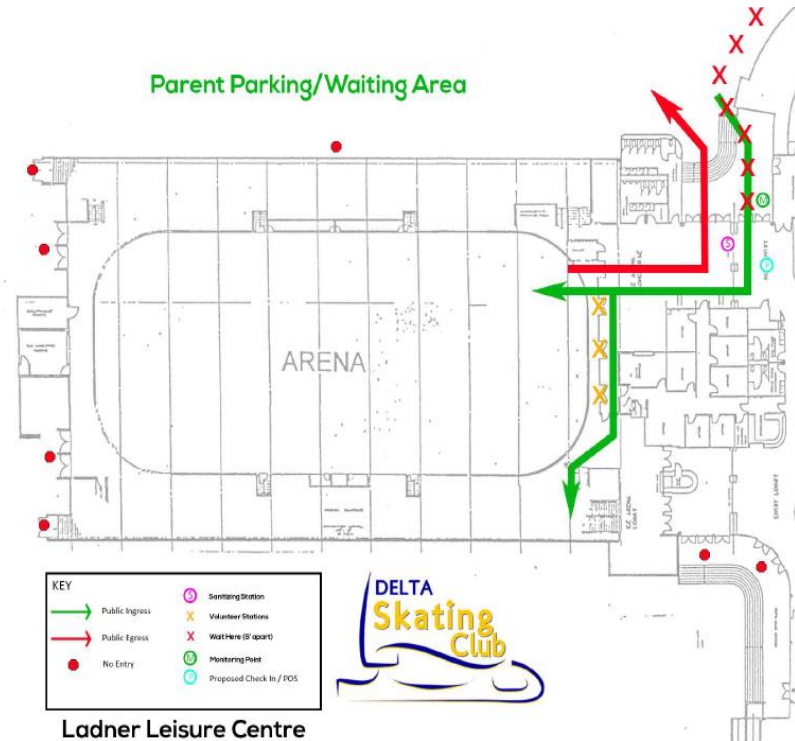
- ▶ City staff perform cleaning between sessions of washrooms and high touch surfaces (benches, door handles, etc.). Volunteers help clean other surfaces as needed.
- ▶ Hand sanitizer, garbage cans throughout facility
- ▶ If equipment used (e.g. harness) it will be cleaned before and after each skater

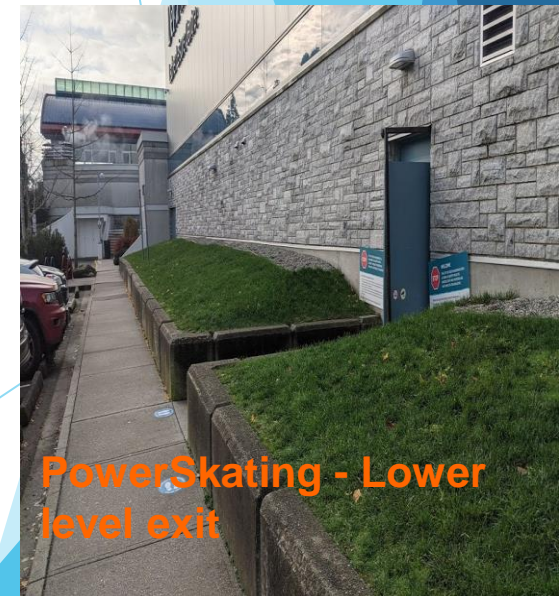
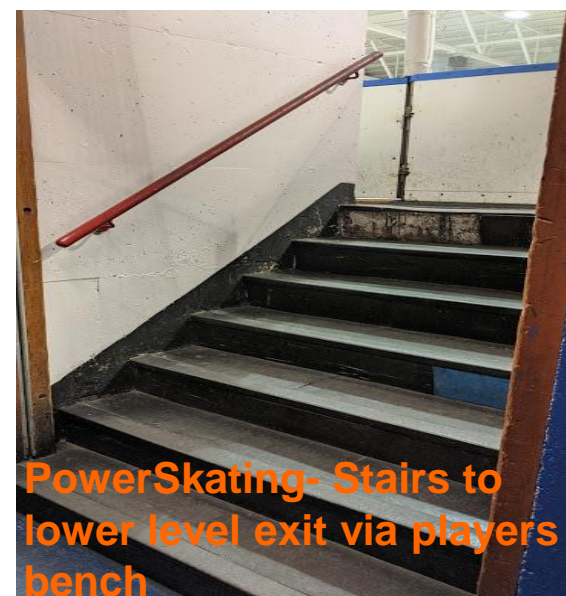
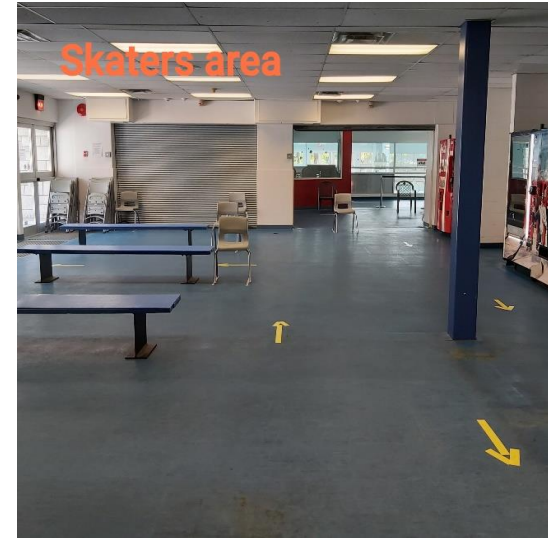
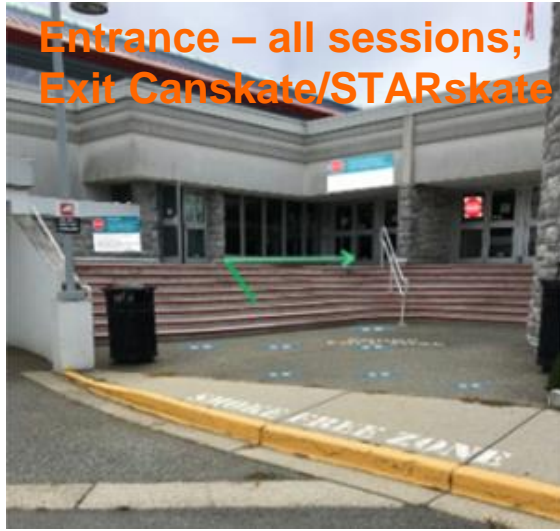
Arrival/Departure

PowerSkating



CanSkate/STARskate





Volunteers Needed

Masks and Gloves will be provided

Each session will require volunteers to:

- ▶ Gather COVID kit from on top of emergency cabinet at check in area
- ▶ Collect waivers
- ▶ Perform screening (including temperature), record attendance & contact info
- ▶ Direct skaters; ensure physical distancing
- ▶ Assist skaters before and during sessions as needed (CANSKATE ONLY)
- ▶ Stay in designated location - sitting down in skater lobby
- ▶ Perform additional cleaning as needed (check in desk, COVID kit, etc.)
- ▶ Ensure every skater gets picked up by a parent/caregiver/guardian
- ▶ Contact parents waiting in the parking lot if skater is injured, ill, etc.
- ▶ Take photo of session contact list and email to info@deltaskatingclub.com
- ▶ Return COVID kit to on top of emergency cabinet

Volunteer Sign up on Sign up genius

<https://www.signupgenius.com/go/10c0d4eacae2ba46-fallwinter>

COVID SCREENING

APPENDIX C. SKATE CANADA MEMBER CLUB/SKATING SCHOOL SESSION RECORD

Date: _____ Facility Name: _____ Start time of Session: _____ End time of Session: _____

Name of Volunteer/Coach collecting information: _____

FIRST NAME	LAST NAME	RESIDENCE (City/Town)	PHONE NO.	ACTIVITY AT FACILITY	LOCATION IN FACILITY	WASHER SIGNED & SUBMITTED	HEALTH SCREENING COMPLETE
Ex. Andy	Axel	Vancouver	604-555-1234	Coach	On-ice		
1)							
2)							
3)							
4)							
5)							
6)							
7)							
8)							
9)							
10)							
11)							
12)							
13)							
14)							
15)							
16)							
17)							

NO LATE ENTRY PERMITTED. VOLUNTEERS/COACHES MUST WEAR MASK. ENSURE ALL SKATERS/MEMBERS/VOLUNTEERS REMAIN 6 FT/2m APART.

Contact/Attendance Sheet



Touchless Thermometer

DELTA SKATING CLUB

Health Screening Questionnaire Template

This questionnaire must be completed by each individual daily prior to participation in each club activity. This questionnaire may be completed verbally.

The answer to all questions must be "No" in order to participate in each club activity.

- Do you have a fever? (a temperature of 37.6C or higher)
Yes No
- Do you have any of the following symptoms?
 - Cough (wheezing or chronic cough) Yes No
 - Shortness of breath Yes No
 - Runny nose, sneezing or nasal congestion (not related to other known causes such as seasonal allergies etc.) Yes No
 - Sore throat or difficulty swallowing Yes No
 - Loss of sense of taste or smell Yes No
 - Skin rash or discoloration of fingers/toes/not related to other known causes such as psoriasis, etc.) Yes No
 - Nausea, vomiting, diarrhea (not related to other known causes such as IBS, Crohns, etc.) Yes No
- Have you or someone in your household travelled outside of Canada or had close contact with anyone that has travelled outside of Canada in the past 14 days?
Yes No
- Have you had close contact in the past 14 days with anyone with a new cough, fever or difficulty breathing or a confirmed case of COVID-19?
Yes No

If an individual answers "Yes" to any of these questions, they are not permitted to participate in any club activities.

Screening Questions

Questions



Resources

- ▶ Delta Skating Website
 - ▶ <https://deltaskatingclub.com/>
- ▶ Email info@deltaskatingclub.com
- ▶ Call 604-940-6749