

Delta Skating Club Winter 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ladner Leisure Centre	South Delta Recreation	Ladner Leisure Centre	South Delta Recreation	South Delta Recreation	South Delta Recreation
Rising Stars Academy/ Junior 4:00pm-4:45pm	PreCanSkate (LLC) 11:15am-11:45am	Rising Stars Academy/ Junior 4:00pm-4:45pm	PreCanSkate (LLC) 11:15am-11:45am	CanSkate 3:45pm-4:30pm	CanSkate 9:00am-9:45am
Star 3+ 4:45pm-5:30pm	Open Session (LLC) 11:15am-12:45pm	Star 3+ 4:45pm-5:30pm	Open Session (LLC) 11:15am-12:45pm	PreCanSkate 3:55pm-4:30pm	CanSkate Youth (12-18) 9:00am-9:45am
FLOOD	Star 1 & Up 3:45pm-4:30pm	FLOOD	Star 1 & Up 3:30pm-4:15pm	Rising Stars Academy/ Junior 4:30pm-5:15pm	PreCanSkate 9:10am-9:45am
CanSkate 5:45pm-6:30pm	PowerSkate Entry & Intermediate 4:30pm-5:15pm	CanSkate 5:45pm-6:30pm	PowerSkate PrePower & Entry 4:15pm-5:00pm	FLOOD	Rising Stars Academy/ Junior 9:45am-10:30am
PreCanSkate 5:55pm-6:30pm	Synchro Juvenile / Intermediate (Until February 11th) 5:15pm-6:00pm	PreCanSkate 5:55pm-6:30pm	Synchro STAR 4 / Juvenile 5:00pm-5:45pm	Star 3+ 5:30pm-6:30pm	Star 3+ 10:30am-11:15am
Open Session 6:30pm-7:15pm	Open Session (From February 18th) 5:15pm-6:00pm	Intro Synchro 5:45pm-6:30pm		Synchro Intermediate 6:30pm-7:30pm	Open Session 11:15am-12:00pm
		Open Session 6:30pm-7:15pm			

OFF-ICE

Dance / Jumps	Synchro	Dance / Jumps	Synchro	Dance / Jumps	Stretch / Flexibility
Ages 10+ 3:45pm-4:30pm	Synchro Intermediate (Until February 11th) 4:35pm-5:05pm	Ages 10+ 3:45pm-4:30pm	Synchro Juvenile 4:20pm-4:50pm	Rising Stars Academy 3:45pm-4:15pm	Rising Stars Academy 9:00am-9:30am
Rising Stars Academy 5:00pm-5:30pm		Rising Stars Academy 5:00pm-5:30pm	Synchro STAR 4 5:55pm-6:25pm	Ages 10+ 4:30pm-5:15pm	Junior 10:45am-11:15am
Junior 5:00pm-5:30pm		Junior 5:00pm-5:30pm		Junior 5:30pm-6:15pm	Star 1+ 12:10pm-12:40pm
Ages 10 & Under 5:45pm-6:15pm		Ages 10 & Under 5:45pm-6:15pm		Ages 10 & Under 6:40pm-7:25pm	

2025 Dates to Remember

January 7th	First Day
January 8th	PA / CanSkate Training
February 14th	All Programs Cancelled
February 17th	Family Day / No Skating
March 14th	Last Day of Skating

2025 Competitions

Jan. 31st - Feb. 2nd	BC Coast Regionals
February 15th	West Coast Challenge
Feb. 27th - March 2nd	SUPER SERIES Finals
March 14th	Club Competition